



## **Recreation Internship**

### **Week 1**

- Staff orientation, policy and procedures at DSES and Mammoth Mountain Ski Area.
- Intern will go through Disabled Sports Eastern Sierra's staff training program and complete a series of skier proficiency skills. If intern is not already a skier or snowboarder, a DSES instructor will teach the intern to ski and snowboard.
- Intern will attend daily morning clinics with DSES staff and shadow adaptive ski lessons.

### **Week 2**

- Intern will write-up daily documentation on students.
- Intern will begin to transition into role of secondary instructor and begin making initial assessments of students.

### **Week 3**

- Intern will begin hands-on aspects of adaptive ski lessons.
- Intern will be encouraged to attend a Level I Prep Clinic for PSIA Adaptive Discipline of their choice. Intern will be encouraged to take PSIA Adaptive Level I Certification Exam in discipline of their choice (pending exam within their time with DSES)
- Intern to plan to lead clinics weekly on disabilities to volunteers (off and on snow).
- ATS- American Teaching System focused training

### **Week 4**

- Intern will begin transition to primary instructor for lessons (if they haven't already).
- Intern will submit proposal for Special Project and/or Special Event
- Help organize and plan volunteer events

### **Week 5**

- Continue to lead lessons.
- Intern will focus on Special Project and /or Special Event work.
- Intern will begin leading morning clinics (topics to be determined) along with other DSES staff.

### **Week 6**

- Continue to lead lessons.
- Intern will begin reviewing lesson progress notes of DSES volunteers.
- Intern will continue working on Special Project and/or Special Event.
- Developmental Disabilities focus training

### **Week 7**

- Continue to lead lessons.
- Bi-ski and progressions.
- Intern will continue working on Special Project and/or Special Event.

### **Week 8**

- Continue to lead lessons.
- Mono-ski focus training and progressions
- Intern will continue working on Special Project and/or Special Event.

**Week 9**

- Continue to lead lessons.
- Intern will continue working on Special Project and/or Special Event.
- Visual and Hearing Impaired focus training.

**Week 10**

- Continue to lead lessons.
- Intern will continue working on Special Project and/or Special Event.

**Week 11**

- Continue to lead lessons.
- Intern will complete Special Event and/or Special Project.
- Final project due

**Week 12**

- Finish up
- Final evaluations (12 week intern)

**Week 13 (If needed)**

- Intern will begin volunteer coordinating/assigning of students.
- Intern will hold one full day clinic on discipline of their choice for volunteers.

**Week 14 (If needed)**

- Intern will hold one full day clinic on discipline of their choice for volunteers.

**Week 15 (If needed)**

- Intern will hold one full day clinic on discipline of their choice for volunteers.
- Final Evaluation