

American Teaching System (ATS)

What is it?? ATS is a progression based, student centered teaching format. That is, skills build on one another based on what the students need.

Principles and Philosophies

- Student Centered
- Outcome Based
- Experiential
- Learning Partnership Based
- Guest Service Driven

Components

- Teaching Model
 - Instructor Behavior – Teaching Cycle
 - Student Behavior – Background and Motivation; Learning Preferences; Attitude, etc.
- Skiing Model
 - Skills concept – balance, rotary, edging, pressure
- Service Model
 - Meet and greet everyone
 - Effective communication

Why?? ATS gives instructors and ski schools a format for consistency. Using ATS allows all instructors of all abilities in all disciplines a guideline for progressing or correcting movement patterns. Using ATS as a foundation for creating lesson plans gives us a base for adapting to any variety of students.

Resources

Alpine Technical Manual – Skiing and Teaching Skills. 2002. Professional Ski Instructors of America Education Foundation. Lakewood, CO.

Core Concepts for Snowsports Instructors. 2001. Professional Ski Instructors of America Education Foundation. Lakewood, CO.

Adaptive Snowsports Instruction. 2003. Professional Ski Instructors of America Education Foundation. Lakewood, CO.

Childrens Instruction Manual. 1997. Professional Ski Instructors of America Education Foundation. Lakewood, CO.

Alpine Technical Manual. 1996. Professional Ski Instructors of America Education Foundation. Lakewood, CO.

Handouts

- Teaching Model
- Skiing Model
- Service Model
- Learning Partnership